

Mid-Metro Academy Courses by Subject Area 2025-2026

Suggested grade range follows course title.

Subject Area	Class	Teacher	
Business and Career	Bookkeeping (8-12)	Paschen	
	Programming 101 (7-12)	Paschen	
	Introduction to Business (7-12)	Paschen	
	Career Exploration (8-12)	Paschen	
	Entrepreneurship 101 (7-12)	Paschen	
Communications	Public Speaking (7-12)	Lund	
Design	Creative Upcycling (5 – adult)	Sheridan	
	History of Fashion Design (7-12, girls only)	Gerardin	
	Beginning Sewing (5-12, girls only)	Gerardin	
	Metalwork Jewelry (7-adult)	Beck	
	Creative Craft Club (5-8, girls only)	K. Reandeau	
English	ACT Prep: English/Reading (8-12)	Hope	
	Creative Writing Workshop (6-12)	Hope	
	Read! Think! Write! (9-12)	Hope	
	Step by Step to Essay Success (8-12)	Hope	
	Writing with Confidence Level Half (5-7)	Hope	
	Writing with Confidence—Intro Level (6-8)	Hope	
	Writing with Confidence Level 1 (7-12)	Hope	
	Writing with Confidence Level 2 (8-12)	Hope	
	Language Arts & Literature (5-8)	D. Reandeau	
Fine Arts	Beginning Oil Pastels (7-12)	Adler	
	Drawing Basics (7-12)	Adler	
	Mixed Media B (7-12)	Adler	
	Origami (5 – adult)	Sheridan	
	Drawing Realistic Faces (5 – adult)	Beck	
	Mechanical Drawing (5-adult)	Beck	
	Portraits in Pastel Pencil (5 – adult)	Beck	
	Photography 1.0 and 2.0 (7-12)	Cisewski	
Health	Health & Nutrition (9-12)	Kelly	
	Gym & Fitness (5-12)	Eckes	
	Intro to Jiu Jitsu (5-adult)	Eckes	
	Self-Defense and Fitness (5-adult)	Eckes	
Languages	Introduction to Spanish (5-7)	Plotts	
	Spanish 1 (8-12)	Plotts	
	Spanish 2 (8-12)	Plotts	
	French 1 (7-12)	Lund	
Life Skills	Personal Finance (8-12)	Plotts	
	Middle School Culinary Arts (6-8)	Mahoney	
	High School Culinary Arts (9-12)	Mahoney	
	Homemade Goodness: Canning (5-12)	Manke	
	Homemade Goodness: Breads and Cakes (5-12)	Manke	
	Essential Computer Skills (6-12)	Paschen	
	Logic (7-12)	Lund	
Mathematics	ACT Prep: Math	Delisi	

Mathematics	Advanced Algebra (9-11)	Delisi
	Beginning Algebra (7-8)	Delisi
	Geometry (9-12)	Delisi
	Intermediate Algebra (8-10)	Delisi
	Pre-Algebra (6-7)	Delisi
	Middle School Math 1 (5-7)	D. Reandeau
	Middle School Math 2 (6-8)	D. Reandeau
Music	Group Guitar (6-12)	A. Thoreen
	Group Piano (5-8 or 9-12)	A. Thoreen
	Group Ukulele (5-9)	A. Thoreen
	Private Music Lessons (5 – adult)	A. Thoreen
	Band Ensemble	A. Thoreen
Performing Arts	Acting Techniques (7-12)	Cisewski
	Intro to Acting (5-8)	J. Thoreen
	Band Ensemble	A. Thoreen
Science	Elementary Anatomy & Physiology (5-6)	Chryst
	Biology (9-12)	Kelly
	Chemistry (10-12)	Kelly
	General Science (7-8)	Kelly
	Health & Nutrition (9-12)	Kelly
	Minnesota Geo (5-7)	Kelly
	Physical Science (8-9)	Kelly
	SciGirls (5-8, girls only)	Kleppe
Social Studies	American Government—Part I and Part II (9-12)	Racer
	Contemporary Issues (9-12)	Racer
	Student Senate (9-12)	Racer
	We the People: U.S. Constitution (9-12)	Racer
	Economics (9-12)	Sandberg
	Logic (7-12)	Lund
	Psychology of Attachment (9-12)	Rudenberg
	Elementary History: The Last 80 Years (5-6)	Chryst
	20 th Century American History (9-12)	Swanson
	Minnesota Geo (5-7)	Kelly
	Minnesota History (5-7)	Kleppe
Study Skills	ACT Prep: English/Reading (8-12)	Hope
	ACT Prep: Math (9-12)	Delisi
	Study Skills for Academic Success (7-10)	Hope
Technology	Programming 101 (7-12)	Paschen
	Essential Computer Skills (6-12)	Paschen
	Video Production 1 and 2 (7-12 and 9-12)	A. Thoreen

Classes and instructors are subject to change. Register at www.midmetroacademy.com/register.

Mid-Metro Academy meets at
Advent Lutheran Church, 3000 Hamline Avenue North,
Roseville, Minnesota 55113
Contact: Rebecca Hope, Executive Director,
director@midmetroacademy.com

